



Bedfordshire Amateur Swimming Association

(Affiliated to Swim England East Region)

The Bedfordshire County Age Group and County Championships (50m) 2022

(Under Swim England Regulations and Technical Rules)

Licensed Meet Nos. TBC



The 2022 Championships will be held at Inspire: Luton Sports Village. It is the Association's intention to run this event as usual however we are mindful that the situation with regard to Covid is not over and that this may impact on how the championships could continue to be safely run if at all.

All events in these Championships will be held as long course (50m). The County Junior (**under 16 years**) and Senior Championship titles shall be decided from the fastest times recorded in the finals, if swum, otherwise from HDW. When an event has no final, the fastest times recorded in the heats will be used to determine the Junior and Senior Champions. Junior swimmers are eligible for senior titles. All events shall be deck seeded and 'Over the Top Starts' may be used except in Backstroke events.

ELIGIBILITY

Swimmers shall be at least **10 years old**, as at **31st December, 2022**.

Every swimmer's Swim England membership record must display a **Category Two** membership in addition to membership of the Bedfordshire ASA club in whose name he/she is entered, at the time of entry. This includes any relay team members not entered in individual events.

Entry will only be considered where achievement of the Minimum Qualification Standard is attained after January 1st 2020 and is recorded in the British Swimming Rankings Database or Level X database at the time of entry. This condition will NOT apply to swimmers whose Swim England membership record includes a Para-swimmer Sport Class, swimmers in possession of an ASA Certificate of Swimming Disability or any Team event; however, entry times are required. The slowest entries may be rejected if the meet is oversubscribed or due to any impact of Covid restrictions at the time. The facility may have both primary and secondary starting strobes available.

SESSION DATES & TIMES

Dates and daily start times are as indicated on the schedule of events, where 'tba' is shown, the times will be notified shortly after the accepted entry listings are published.

WARM UP PROCEDURE

A controlled warm up system will be operated. The pool will be available for one hour before the start of each session. Details of the warm up procedures will be published on the Beds ASA web site at least one week before the first session.

WITHDRAWALS

Every accepted entry is expected to swim unless the competitor withdraws. Notice of any withdrawal from a heat shall be reported to the Recorders, at least **45 minutes** before the start of the Session. Withdrawals after the 45 minute deadline may only be made on medical grounds and must be notified by the club coach to the official Recorders. Failure to comply with these conditions shall result in a £10 penalty which shall be paid before the swimmer competes again in the Championships. The club in whose name the competitor has been entered will be responsible for any penalties outstanding at the end of the Championships.

There will be no reserve swimmers for a final, if swum.

Requests to refund entry fees will only be considered when a swimmer medically withdraws from the entire Championships or all events during an entire weekend. Notification of any such withdrawal must be received by the Association at least one day before the start of each weekend.

TEAM EVENTS

Relay Team Declaration Forms shall be submitted to the Recorders, at least **45 minutes** before the start of the relevant Session. ***The county association reserves the right to remove the relays (and refund clubs) if time is required for individual swims.***

FINALS

The county association reserves the right to remove finals if time is required for individual swims. Events would therefore revert to HDW



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SAFETY

All swimmers must be under the supervision of the Club Coach or a designated Club official such as a Team Manager at all times during the warm up, competition and in the vicinity of the pool.

In order to ensure the safety of competitors, only Inspire staff, swimmers and accredited coaches, team managers, officials and helpers will be allowed access to the Changing Village. Parents are must **not** enter the Changing Village and may be asked to leave the venue if they do not comply with this request.

Swimmers are requested to use the lockers provided in the changing village for clothes, valuables and other personal belongings to keep the pool deck area and ventilation vents clear.

Bedfordshire ASA accepts no responsibility for loss of any personal belongings or equipment.

PHOTOGRAPHY & SOCIAL NETWORKING

Official photographs and any social networking feeds from this event will comply with the Swim England Photography or Social Networking Guidance's. Parents and carers who do not wish their child to be photographed must inform the Association in writing prior to the Championships.

For the avoidance of doubt the photography guidance applies to all images and recordings taken on any camera, mobile phone or other recording device. The social media guidance will apply if those images or recordings are being shared through any social media platform whether that sharing is happening instantaneously through live streaming or whether the material is being stored for sharing at a later time.

Photography is prohibited in the changing village. Anyone not complying with these requirements will be asked to leave the venue immediately.

AWARDS

The results of all events shall be determined by finals, if finals are swum. When an event has no final or the final has been removed from the programme due to time required for heat swims, the fastest times recorded in the heats shall be used (Timed Finals). Gold, Silver and Bronze medals will be awarded to 1st, 2nd and 3rd places in each of the seven age groups, 10/11, 12, 13, 14, 15, 16, 17 and 18&Over and may be collected from a medal table as soon as the official results are published. Junior and Senior Champions will be presented with a Trophy and a unique Bedfordshire ASA Gold medal, Silver and Bronze medals will be presented to 2nd and 3rd places. It is likely that the podium will be situated elsewhere within the facility and not on the pool deck.

The swimmer that scores the highest number of FINA points for a single individual swim will be declared the top swimmer in each of the following five age groups, 10, 11, 12, 13 and 14.

Winners will be presented with a Trophy and a unique Bedfordshire ASA Gold medal, Silver and Bronze medals will be presented to 2nd and 3rd places.

All Trophies are the property of Bedfordshire ASA, must be kept in good order and returned un-engraved no later than 31st October 2022. The Trophy policy can be viewed on the Beds ASA website.

ENTRIES

All entries shall be consolidated and made electronically through a single club contact using the SPORTSYSTEMS Entry Manager V2.0. It should be noted entrants are still bound by the conditions of entry even though a form is not signed.

FEES

Individual Events £6.00 per event (800m or 1500m £10.00)

Team Events £10.00 per event

Spectator Entry £5.00 per day (or part thereof), no charge for children aged 2 to 8 years



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Closing date for all entries is Midday 23rd December 2021

**Please note that all information included in the entry pack, and supplementary information published by Beds ASA, form the conditions of the Championships
For any queries, please contact the Association's secretary**



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SCHEDULE OF EVENTS

Session One

Saturday 22nd January - Start 18:30

Mixed 1500m Freestyle TF

Session Two

Friday 28th January - Start 18:30

Mixed 800m Freestyle TF

Session Three

Saturday 29th January - Start 10:00

Men's 200m Freestyle TF
Women's 100m Backstroke Heats
Men's 50m Breaststroke Heats
Women's 200m Butterfly TF
Men's 400m Individual Med TF

Women's 100m Backstroke Finals
Men's 50m Breaststroke Finals

Session Four

Saturday 29th January - Start tba

Women's 100m Butterfly Heats
Men's 50m Freestyle Heats
Women's 200m Individual Med TF
Men's 50m Freestyle Finals
Women's 100m Butterfly Finals

Men's 10&11 4x50m MedTeam TF
Women's 10&11 4x50m MedTeam TF
Men's 12&13 4x50m MedTeam TF
Women's 12&13 4x50m MedTeam TF
Men's 14&15 4x50m MedTeam TF
Women's 14&15 4x50m MedTeam TF
Men's Open 4x50m MedTeam TF
Women's Open 4x50m MedTeam TF

Session Five

Sunday 30th January - Start 10:00

Women's 400m Freestyle TF
Men's 50m Backstroke Heats
Women's 100m Freestyle Heats
Men's 200m Breaststroke TF

Women's 100m Freestyle Finals
Men's 50m Backstroke Finals

Mixed 10&11 4x50m FreeTeam TF
Mixed 12&13 4x50m FreeTeam TF
Mixed 14&15 4x50m FreeTeam TF
Mixed Open 4x50m FreeTeam TF

Session Six

Sunday 30th January - Start tba

Men's 50m Butterfly Heats
Women's 100m Breaststroke Heats
Men's 200m Backstroke TF

Women's 100m Breaststroke Finals
Men's 50m Butterfly Finals

Women's Open 4x100 MedTeam TF
Men's Open 4x100 MedTeam TF

Session Seven

Saturday 5th February - Start 10:00

Women's 200m Freestyle TF
Men's 100m Backstroke Heats
Women's 50m Butterfly Heats
Men's 200m Butterfly TF
Women's 400m Individual Med TF

Men's 100m Backstroke Finals
Women's 50m Butterfly Finals

Session Eight

Saturday 5th February - Start tba

Men's 100m Butterfly Heats
Women's 50m Breaststroke Heats
Men's 200m Individual Med TF

Women's 50m Breaststroke Finals
Men's 100m Butterfly Finals

Women's 10&11 4x50m FreeTeam TF
Men's 10&11 4x50m FreeTeam TF
Women's 12&13 4x50m FreeTeam TF
Men's 12&13 4x50m FreeTeam TF
Women's 14&15 4x50m FreeTeam TF
Men's 14&15 4x50m FreeTeam TF
Women's Open 4x50m FreeTeam TF
Men's Open 4x50m FreeTeam TF

Session Nine

Sunday 6th February - Start 10:00

Men's 400m Freestyle TF
Women's 50m Backstroke Heats
Men's 100m Freestyle Heats
Women's 200m Breaststroke TF

Men's 100m Freestyle Finals
Women's 50m Backstroke Finals

Mixed 10&11 4x50m MedTeam TF
Mixed 12&13 4x50m MedTeam TF
Mixed 14&15 4x50m MedTeam TF
Mixed Open 4x50m MedTeam TF

Session Ten

Sunday 6th February - Start tba

Women's 50m Freestyle Heats
Men's 100m Breaststroke Heats
Women's 200m Backstroke TF

Men's 100m Breaststroke Finals
Women's 50m Freestyle Finals

Men's Open 4x100 FreeTeam TF
Women's Open 4x100 FreeTeam TF

Warm up will commence one hour before the start time shown in the Accepted Entry Listing

TF = Timed Final

Issue 2



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BOYS								EVENT	GIRLS							
10/11 [†] Years	12 [†] Years	13 [†] Years	14 [†] Years	15 [†] Years	16 [†] Years	17 [†] Years	18Years &Over [†]		10/11 [†] Years	12 [†] Years	13 [†] Years	14 [†] Years	15 [†] Years	16 [†] Years	17 [†] Years	18Years &Over [†]
38.1	35.7	35.5	30.4	29.9	29.4	28.1	27.1	50m Freestyle	38.1	35.3	33.2	33.1	32.7	31.8	31.4	30.9
1:29.5	1:21.2	1:18.0	1:13.5	1:08.3	1:05.2	1:01.5	58.1	100m Freestyle	1:28.5	1:19.2	1:13.9	1:13.8	1:10.5	1:09.4	1:08.8	1:08.8
3:27.5	3:11.8	3:00.7	2:40.0	2:27.7	2:22.4	2:18.0	2:15.5	200m Freestyle	3:19.3	2:56.5	2:40.5	2:35.0	2:29.0	2:28.0	2:26.0	2:25.0
6:30.0	6:10.0	5:55.5	5:32.5	5:15.7	5:00.5	4:57.0	4:55.5	400m Freestyle	6:30.0	6:15.5	5:42.8	5:41.1	5:36.3	5:20.5	5:18.5	5:15.5
-	12:45.0	11:30.0	11:00.0	10:33.0	10:10.0	10:00.0	10:00.0	800m Freestyle	-	12:52.0	11:51.1	11:22.1	11:19.5	10:55.0	10:35.1	10:35.1
-	26:11.0	23:11.6	21:01.1	20:10.4	19:35.0	19:27.0	19:27.0	1500m Freestyle	-	23:30.3	22:10.1	21:13.3	20:59.9	20:12.9	20:00.0	20:00.0
52.3	49.8	45.2	43.5	41.6	40.2	38.5	33.4	50m Breaststroke	52.3	49.8	45.5	43.2	42.2	41.5	41.0	39.2
1:56.4	1:51.2	1:47.5	1:38.5	1:32.2	1:30.0	1:25.9	1:23.9	100m Breaststroke	1:54.2	1:48.5	1:40.5	1:36.7	1:36.6	1:34.9	1:33.5	1:32.0
4:13.5	4:02.9	3:46.7	3:25.0	3:18.0	03:10.8	2:59.9	2:55.5	200m Breaststroke	4:08.5	3:50.5	3:35.0	3:28.2	3:20.0	3:16.5	3:12.4	3:08.4
52.2	44.1	43.5	38.5	35.1	33.5	31.0	28.6	50m Butterfly	48.0	43.5	38.7	37.5	35.2	34.9	33.9	32.9
2:30.0	2:10.3	1:45.2	1:30.2	1:30.8	1:16.4	1:13.2	1:10.2	100m Butterfly	2:19.8	1:55.5	1:35.0	1:25.1	1:23.4	1:21.0	1:20.0	1:19.0
4:00.0	3:55.5	3:50.0	3:28.0	2:59.1	2:44.4	2:36.1	2:29.8	200m Butterfly	3:50.0	3:40.0	3:20.0	3:10.9	2:58.2	2:56.3	2:56.3	2:56.3
46.1	42.4	42.1	38.1	36.0	34.4	33.4	32.7	50m Backstroke	45.1	41.1	38.7	38.6	38.0	37.5	36.5	35.0
1:41.2	1:34.4	1:29.5	1:22.0	1:18.5	1:15.9	1:11.3	1:07.3	100m Backstroke	1:41.9	1:33.3	1:28.6	1:25.3	1:23.3	1:22.8	1:20.9	1:17.0
3:39.0	3:15.8	3:12.6	3:06.6	2:51.1	2:46.1	2:43.4	2:40.4	200m Backstroke	3:41.2	3:18.2	3:10.6	3:06.3	3:01.1	2:56.5	2:52.0	2:48.0
3:44.0	3:25.1	3:10.9	2:50.8	2:48.5	2:42.7	2:40.2	2:36.5	200m I.M.	3:58.3	3:24.6	3:02.2	3:01.9	2:58.6	2:54.6	2:51.5	2:47.9
-	7:45.0	6:22.2	6:05.5	5:59.3	5:56.7	5:50.8	5:50.8	400m I.M.	-	7:30.0	7:00.0	6:45.7	6:39.9	6:01.2	6:00.0	6:00.0

[†] Ages as at 31st December 2022

Issue 3