

# BEDFORDSHIRE AMATEUR SWIMMING ASSOCIATION

Affiliated to Swim England East Region



**COUNTY RACING RECORDS**  
**September 2022**

## **Introduction (Beds ASA Policies - Section 7 Refers)**

7.1 The Association will maintain County Swimming Records in respect of Junior, Senior, Long Course, Short Course for male and female.

7.2 Short Course Records may be made only in pools of 25 metres in length. Long Course records may be made only in pools 50 metres in length. The start and finish shall be at ends of the pool. The senior classification shall have no age limits. In the junior classification, a swimmer shall be under the age of 16 years at midnight on the day of the swim.

7.3 Records may only be set at events run under ASA Laws. If the foregoing conditions are met, the times can only be recognised where the swimmer is entered under the name of a Bedfordshire ASA member club and which are made at:-

- The County Championships
- Age Group Competitions or County Competitions
- Championships (ASA, Swim England East Region, ESSA Finals and Divisional Finals)
- A representative match at county or higher level
- Other licensed meets run with AOE

7.4 All applications for records must be made by the swimmer, or his/ her club, to the Secretary of the Association within 21 days of the event using the appropriate record claim form, (which can be downloaded from the Beds ASA web site). Eligible times set at the Bedfordshire ASA County Championships or at an Inter-County event where the swimmer is representing Bedfordshire ASA, will be recognised automatically without claim.

7.5 Separate Long Course, Short Course, male and female records shall also be maintained for all masters age groups.

7.6 Senior County Records may not be set in Masters' Competitions

Abbreviations Used:

BWSC	BIGGLESWADE SWIMMING CLUB
CBSS	CENTRAL BEDS SWIM SQUAD
DSC	DUNSTABLE SWIMMING CLUB
FDSC	FLITWICK DOLPHIN SWIMMING CLUB
LCSC	LINSLADE CRUSADERS SWIMMING CLUB
TLSC	TEAM LUTON SWIMMING CLUB
MBSS	MID BEDS SWIM SQUAD
MSC	MODERNIAN SWIMMING CLUB
PRCSC	PUTTERIDGE SWIMMING CLUB
SBM	SOUTH BEDS MASTERS

## JUNIOR SHORT COURSE - FEMALE

### Freestyle

50m	Amber Swales	BWSC	27.14	Mar 2011	Biggleswade
100m	Yasmin Bithrey	BWSC	58.23	Mar 2010	Biggleswade
200m	Yasmin Bithrey	BWSC	2:03.38	Mar 2010	Biggleswade
400m	Yasmin Bithrey	BWSC	4:20.76	Mar 2010	Biggleswade
800m	Chloe Lence	MSC	9:01.32	Nov 2015	Luton
1500m	Harriet Brettle	BWSC	17:17.09	Mar 2007	Biggleswade

### Backstroke

50m	Eloise Cole	MSC	30.57	Nov 2021	Luton
100m	Natalie Effemey	MSC	1:05.11	Mar 2000	Biggleswade
200m	Natalie Effemey	MSC	2:17.70	Mar 2000	Biggleswade

### Breaststroke

50m	Rebecca Burton	MSC	32.30	Dec 2014	Luton
100m	Rebecca Burton	MSC	1:11.31	Dec 2014	Luton
200m	Lucy Buckingham	PRCSC	2:39.84	Dec 2021	Bristol

### Butterfly

50m	Olivia Newman-Baronius	PRCSC	29.07	Dec 2021	Sheffield
100m	Olivia Newman-Baronius	PRCSC	1:03.93	Nov 2021	Luton
200m	Abigail Gee	TLSC	2:19.68	Mar 2013	Luton

### Individual Medley

100m	Rebecca Burton	MSC	1:05.93	Mar 2014	Luton
200m	Olivia Newman-Baronius	PRCSC	2:22.18	Dec 2021	London
400m	Yasmin Bithrey	BWSC	5:00.17	Mar 2010	Biggleswade

## SENIOR SHORT COURSE - FEMALE

### Freestyle

50m	Lauren Simpkins	PRCSC	26.57	Nov 2019	Luton
100m	Jessica Jackson	PRCSC	56.80	Oct 2019	Luton
200m	Jessica Jackson	PRCSC	2:02.63	Sep 2018	Luton
400m	Yasmin Bithrey	BWSC	4:20.76	Mar 2010	Biggleswade
800m	Harriet Brettle	MBSS	8:59.28	Nov 2009	Norwich
1500m	Harriet Brettle	BWSC	16:59.16	Feb 2008	Biggleswade

### Backstroke

50m	Eleanor King	DSC	30.25	Nov 2021	Luton
100m	Eleanor King	DSC	1:04.64	Nov 2021	Luton
200m	Natalie Effemey	MSC	2:17.09	Mar 2002	Biggleswade

### Breaststroke

50m	Rebecca Burton	MSC	32.30	Dec 2014	Luton
100m	Rebecca Burton	MSC	1:11.31	Dec 2014	Luton
200m	Hayley Alcock	MSC	2:37.79	Mar 2014	Luton

### Butterfly

50m	Olivia Newman-Baronius	PRCSC	29.07	Dec 2021	Sheffield
100m	Olivia Newman-Baronius	PRCSC	1:03.93	Nov 2021	Luton
200m	Abigail Gee	TLSC	2:19.28	Mar 2014	Luton

### Individual Medley

100m	Rebecca Burton	MSC	1:05.93	Mar 2014	Luton
200m	Celyn Walmsley	TLSC	2:21.52	Nov 2018	Beacontree Heath
400m	Amber Swales	BWSC	4:58.17	Mar 2012	Biggleswade

## JUNIOR LONG COURSE - FEMALE

### Freestyle

50m	Isobel Wainwright	MSC	27.08	May 2019	Luton
100m	Yasmin Bithrey	MBSS	59.53	Jul 2009	Sheffield
200m	Joanne Drewitt	TLSC	2:06.34	Aug 1987	Rome
400m	Chloe Lence	MSC	4:27.96	Apr 2017	Sheffield
800m	Nicola Pasquire	MSC	9:14.03	Nov 2013	Luton
1500m	Alice Marchant	MBSS	18:08.76	Apr 2009	Norwich

### Backstroke

50m	Eloise Cole	MSC	30.92	Feb 2022	Luton
100m	Harriet Brettle	MBSS	1:07.49	May 2007	Norwich
200m	Chloe Lence	MSC	2:26.81	Apr 2017	Luton

### Breaststroke

50m	Rebecca Burton	MSC	33.37	May 2015	Luton
100m	Rebecca Burton	MSC	1:13.82	Aug 2014	Sheffield
200m	Imogen Lambert	FDSC	2:43.52	Aug 2017	Sheffield

### Butterfly

50m	Eloise Cole	MSC	28.45	May 2022	Norwich
100m	Joanne Drewitt	TLSC	1:05.25	Aug 1988	Coventry
200m	Abigail Gee	TLSC	2:21.64	Mar 2013	Norwich

### Individual Medley

200m	Joanne Drewitt	TLSC	2:24.74	Apr 1987	Crystal Palace
400m	Joanne Drewitt	TLSC	5:06.38	Aug 1988	Coventry

## SENIOR LONG COURSE- FEMALE

### Freestyle

50m	Jessica Jackson	PRCSC	26.09	Jan 2017	Luton
100m	Jessica Jackson	PRCSC	55.09	Jan 2017	Luton
200m	Jessica Jackson	PRCSC	2:01.88	Feb 2017	Luton
400m	Chantal Smith	TLSC	4:27.73	May 2017	Luton
800m	Harriet Brettle	MBSS	9:11.12	May 2009	Norwich
1500m	Celyn Walmsley	TLSC	17:36.51	Jan 2020	Luton

### Backstroke

50m	Eloise Cole	MSC	30.92	Feb 2022	Luton
100m	Harriet Brettle	MBSS	1:07.49	May 2007	Norwich
200m	Carrie Willmott	TLSC	2:24.23	Jun 1992	Sheffield

### Breaststroke

50m	Emily Ridout	DSC	33.02	May 2015	Cardiff
100m	Emily Ridout	DSC	1:11.95	Apr 2015	London AC
200m	Lucy Buckingham	PRCSC	2:42.29	Mar 2022	Bristol

### Butterfly

50m	Jessica Jackson	PRCSC	28.02	Feb 2017	Luton
100m	Jessica Jackson	PRCSC	1:03.99	Jan 2018	Luton
200m	Abigail Gee	TLSC	2:20.17	Aug 2015	Sheffield

### Individual Medley

200m	Joanne Drewitt	TLSC	2:24.74	Apr 1987	Crystal Palace
400m	Celyn Walmsley	TLSC	5:05.88	Jul 2018	Sheffield

## JUNIOR SHORT COURSE - MALE

### Freestyle

50m	Samuel Briggs	MSC	24.10	Mar 2009	Biggleswade
100m	Samuel Briggs	MSC	52.79	Mar 2009	Biggleswade
200m	Sean Downey	TLSC	1:54.94	Mar 2004	Biggleswade
400m	Sean Downey	TLSC	4:03.73	Mar 2004	Biggleswade
800m	Caleb Hughes	BWSC	8:21.71	Mar 2010	Biggleswade
1500m	Paul Bavister	TLSC	15:32.26	Dec 1992	Southampton

### Backstroke

50m	Walter Hackett	DSC	26.80	Dec 2018	Sheffield
100m	Walter Hackett	DSC	57.72	Dec 2018	Sheffield
200m	Walter Hackett	DSC	2:07.15	Dec 2018	Sheffield

### Breaststroke

50m	JJ Wilde	TLSC	30.66	Oct 2019	Luton
100m	Brandon Nabarro	MBSS	1:07.91	May 2012	Biggleswade
200m	Brandon Nabarro	BWSC	2:29.83	Mar 2012	Biggleswade

### Butterfly

50m	Sam Townsend	CBSS	25.83	Dec 2018	Sheffield
100m	Oliver Maltby	MSC	59.15	Mar 2013	Luton
200m	Sean Downey	TLSC	2:11.26	Mar 2004	Biggleswade

### Individual Medley

100m	Walter Hackett	DSC	1:01.91	Nov 2018	Watford
200m	Paul Bavister	TLSC	2:07.77	Dec 1992	Southampton
400m	Paul Bavister	TLSC	4:32.26	Dec 1992	Southampton

## SENIOR SHORT COURSE - MALE

### Freestyle

50m	Matthew Wright	TLSC	23.27	June 2022	Luton
100m	Harry Constantine	DSC	50.53	Oct 2017	Sheffield
200m	Brandon Nabarro	MSC	1:54.15	Jan 2015	Biggleswade
400m	Sean Downey	TLSC	4:02.15	Mar 2005	Biggleswade
800m	Caleb Hughes	BWSC	8:21.71	Mar 2010	Biggleswade
1500m	Paul Bavister	TLSC	15:32.26	Dec 1992	Southampton

### Backstroke

50m	Matthew Wright	TLSC	25.93	Nov 2019	Basildon
100m	Oliver Maltby	MSC	56.73	Jul 2015	Hatfield
200m	Walter Hackett	DSC	2:04.28	Dec 2019	Sheffield

### Breaststroke

50m	Lawrence Palmer	PRCSC	26.63	Dec 2021	Sheffield
100m	Lawrence Palmer	PRCSC	58.64	Dec 2019	Sheffield
200m	Lawrence Palmer	PRCSC	2:12.26	Nov 2015	Luton

### Butterfly

50m	Lawrence Palmer	PRCSC	25.11	Nov 2018	Graz. Austria
100m	Matthew Wright	TLSC	56.22	Dec 2018	Beacontree Heath
200m	Sean Downey	TLSC	2:04.95	Nov 2004	Ealing

### Individual Medley

100m	Brandon Nabarro	PRCSC	56.27	Dec 2018	Sheffield
200m	Brandon Nabarro	PRCSC	2:04.10	Sep 2016	Luton
400m	Paul Bavister	TLSC	4:32.26	Dec 1992	Southampton

## JUNIOR LONG COURSE - MALE

### Freestyle

50m	Sam Townsend	CBSS	24.43	May 2019	Luton
100m	Adam Ingledew	MBSS	53.65	Jul 2008	Sheffield
200m	Paul Bavister	TLSC	1:57.16	Aug 1992	Crystal Palace
400m	Paul Bavister	TLSC	4:07.68	Aug 1992	Crystal Palace
800m	Caleb Hughes	MBSS	8:32.54	Jul 2010	Sheffield
1500m	Caleb Hughes	MBSS	16:05.04	Jul 2010	Sheffield

### Backstroke

50m	Walter Hackett	DSC	27.77	May 2019	Luton
100m	Walter Hackett	DSC	59.56	May 2019	Luton
200m	Walter Hackett	DSC	2:11.04	May 2019	Luton

### Breaststroke

50m	Joshua Bristow	MSC	30.64	Jul 2018	Sheffield
100m	Rhys Davidson	TLSC	1:10.05	Aug 2020	Luton
200m	Brandon Nabarro	MBSS	2:31.35	May 2012	Basildon

### Butterfly

50m	Sam Townsend	CBSS	26.14	May 2019	Luton
100m	Oliver Maltby	MSC	1:00.05	Nov 2012	Luton
200m	Sean Downey	TLSC	2:11.69	Aug 2004	Sheffield

### Individual Medley

200m	Caleb Hughes	MBSS	2:12.52	Jul 2010	Sheffield
400m	Caleb Hughes	MBSS	4:40.10	Aug 2010	Sheffield

## SENIOR LONG COURSE - MALE

### Freestyle

50m	Brandon Nabarro	PSC	24.05	May 2019	Luton
100m	Harry Constantine	DSC	52.01	Feb 2017	Luton
200m	Harry Constantine	DSC	1:54.96	Feb 2017	Luton
400m	Matthew Wright	TLSC	4:06.17	Feb 2018	Luton
800m	Matthew Wright	TLSC	8:31.57	Jan 2019	Luton
1500m	Caleb Hughes	MBSS	16:05.04	Jul 2010	Sheffield

### Backstroke

50m	Thomas Pickering	LCSC	27.17	Jan 2019	Luton
100m	Walter Hackett	DSC	58.76	Jul 2019	Glasgow
200m	Brandon Nabarro	MSC	2:09.70	Mar 2015	Luton

### Breaststroke

50m	Lawrence Palmer	PRCSC	27.31	Apr 2018	Luton
100m	Lawrence Palmer	PRCSC	1:00.96	Jul 2018	Sheffield
200m	Lawrence Palmer	PRCSC	2:17.33	Aug 2015	Sheffield

### Butterfly

50m	Peter Webster	MSC	25.33	Aug 2015	Sheffield
100m	Oliver Maltby	MSC	56.94	Jul 2015	Sheffield
200m	Matthew Wright	TLSC	2:07.01	Aug 2022	Sheffield

### Individual Medley

200m	Brandon Nabarro	PRCSC	2:06.50	Apr 2017	Sheffield
400m	Caleb Hughes	MBSS	4:40.10	Aug 2010	Sheffield