

BEDFORDSHIRE ASA

County Masters Short Course Records

As of September 19th 2023

WOMEN

18-24

| | | | | | |
|------------------|----------|----------|-------------------|--------------------|-----------------|
| 50 Freestyle | 0:27.70 | 17.11.18 | Flitwick Dolphins | Melissa Dolby | Basildon |
| 100 Freestyle | 1:00.84 | 28.10.16 | South Beds | Lucy Gregory | Sheffield |
| 200 Freestyle | 2:23.69 | 03.10.15 | South Beds | Emma Irvine | Newmarket |
| 400 Freestyle | 4:48.27 | 25.10.14 | Putteridge | Victoria Pritchard | Sheffield |
| 800 Freestyle | 9:27.61 | 08.07.17 | Team Luton | Nicola Pasquire | Barnet Copthall |
| 1500 Freestyle | 18:20.99 | 24.10.14 | Putteridge | Victoria Pritchard | Sheffield |
| 50 Backstroke | 0:31.29 | 17.11.18 | South Beds | Frances Merridan | Basildon |
| 100 Backstroke | 1:08.27 | 29.10.16 | South Beds | Lucy Gregory | Sheffield |
| 200 Backstroke | 2:28.98 | 26.10.12 | South Beds | Lucy Gregory | Sheffield |
| 50 Breaststroke | 0:35.26 | 18.11.12 | Modernians | Charlotte Ovenden | Newmarket |
| 100 Breaststroke | 1:19.35 | 23.10.15 | South Beds | Emma Irvine | Sheffield |
| 200 Breaststroke | 2:54.57 | 24.10.15 | South Beds | Emma Irvine | Sheffield |
| 50 Butterfly | 0:30.14 | 28.10.16 | South Beds | Lucy Gregory | Sheffield |
| 100 Butterfly | 1:07.17 | 07.03.20 | South Beds | Lauren Grice | Basildon |
| 100 Ind-Medley | 1:11.80 | 03.10.15 | South Beds | Lucy Gregory | Newmarket |
| 200 Ind. Medley | 2:31.46 | 26.10.12 | South Beds | Lucy Gregory | Sheffield |
| 400 Ind. Medley | 5:24.50 | 25.10.14 | Putteridge | Victoria Pritchard | Sheffield |

25-29

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|------------------|----------|----------|-------------------|------------------|-----------------|
| 50 Freestyle | 0:28.71 | 28.04.19 | South Beds | Frances Merridan | Newmarket |
| 100 Freestyle | 1:02.56 | 22.09.19 | South Beds | Frances Merridan | Leicester |
| 200 Freestyle | 2:23.14 | 25.03.23 | South Beds | Emma Joyce | Basildon |
| 400 Freestyle | 4:50.15 | 24.10.09 | Flitwick Dolphins | Hayley Davis | Sheffield |
| 800 Freestyle | 9:49.39 | 25.10.09 | Flitwick Dolphins | Hayley Davis | Sheffield |
| 1500 Freestyle | 20:24.76 | 27.11.22 | South Beds | Emma Joyce | Barnet Copthall |
| 50 Backstroke | 0:31.56 | 28.04.19 | South Beds | Francis Merridan | Newmarket |
| 100 Backstroke | 1:10.20 | 25.03.23 | South Beds | Emma Joyce | Basildon |
| 200 Backstroke | 2:29.47 | 25.10.09 | Flitwick Dolphins | Hayley Davis | Sheffield |
| 50 Breaststroke | 0:34.74 | 29.10.10 | South Beds | Sarah Pearse | Sheffield |
| 100 Breaststroke | 1:19.31 | 26.10.07 | Biggleswade | Susan Morris | Sheffield |
| 200 Breaststroke | 2:55.15 | 27.10.07 | Biggleswade | Susan Morris | Sheffield |
| 50 Butterfly | 0:30.78 | 07.03.20 | South Beds | Frances Merridan | Basildon |
| 100 Butterfly | 1:09.28 | 29.10.11 | Team Luton | Emily Brown | Sheffield |
| 200 Butterfly | 2:29.39 | 23.10.09 | Flitwick Dolphins | Hayley Davis | Sheffield |
| 100 Ind. Medley | 1:09.53 | 23.10.09 | Flitwick Dolphins | Hayley Davis | Sheffield |
| 200 Ind. Medley | 2:31.62 | 28.10.11 | Team Luton | Emily Brown | Sheffield |
| 400 Ind. Medley | 5:20.07 | 25.10.09 | Flitwick Dolphins | Hayley Davis | Sheffield |

30-34

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|----------------|----------|----------|------------|---------------|-----------------|
| 50 Freestyle | 0:27.17 | 28.10.17 | South Beds | Carla King | Sheffield |
| 100 Freestyle | 0:59.89 | 28.10.16 | South Beds | Carla King | Sheffield |
| 200 Freestyle | 2:18.59 | 01.10.16 | South Beds | Carla King | Leamington Spa |
| 400 Freestyle | 5:05.55 | 27.10.13 | Team Luton | Miriama Owens | Sheffield |
| 800 Freestyle | 10:32.30 | 26.10.13 | Team Luton | Miriama Owens | Sheffield |
| 1500 Freestyle | 20:49.35 | 26.11.16 | South Beds | Joanne Holder | Barnet Copthall |
| 50 Backstroke | 0:31.47 | 25.10.19 | South Beds | Claire Evelyn | Sheffield |
| 100 Backstroke | 1:11.03 | 28.04.19 | South Beds | Claire Evelyn | Newmarket |

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|------------------|---------|----------|-------------------|-------------------|----------------|
| 200 Backstroke | 2:41.49 | 29.09.19 | Flitwick Dolphins | Rachael Stevenson | Newmarket |
| 50 Breaststroke | 0:34.89 | 26.10.14 | South Beds | Sarah Pearse | Sheffield |
| 100 Breaststroke | 1:18.78 | 28.10.17 | South Beds | Joanne Holder | Sheffield |
| 200 Breaststroke | 3:03.71 | 05.03.16 | South Beds | Joanne Holder | Bracknell |
| 50 Butterfly | 0:30.53 | 27.10.18 | South Beds | Claire Evelyn | Sheffield |
| 100 Butterfly | 1:12.36 | 28.04.19 | South Beds | Claire Evelyn | Newmarket |
| 100 Ind-Medley | 1:10.83 | 18.05.19 | South Beds | Claire Evelyn | Rugby |
| 200 Ind. Medley | 2:42.43 | 26.05.18 | South Beds | Claire Evelyn | Rugby |
| 400 Ind-Medley | 6:33.14 | 16.05.15 | South Beds | Jenny Owens | Leamington Spa |

35-39

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|------------------|----------|----------|-------------------|-------------------|------------------|
| 50 Freestyle | 0:27.18 | 28.10.18 | South Beds | Carla King | Sheffield |
| 100 Freestyle | 1:01.06 | 26.10.18 | South Beds | Carla King | Sheffield |
| 200 Freestyle | 2:18.53 | 23.10.15 | Putteridge | Miriama Owens | Sheffield |
| 400 Freestyle | 4:56.50 | 24.10.15 | Putteridge | Miriama Owens | Sheffield |
| 800 Freestyle | 10:22.41 | 25.10.15 | Putteridge | Miriama Owens | Sheffield |
| 1500 Freestyle | 21:46.63 | 27.11.22 | South Beds | Kayley Budd | Barnet Cophthall |
| 50 Backstroke | 0:33.12 | 29.10.22 | South Beds | Claire Kemp | Sheffield |
| 100 Backstroke | 1:15.70 | 10.10.21 | Flitwick Dolphins | Rachael Stevenson | Newmarket |
| 200 Backstroke | 2:44.02 | 10.10.21 | Flitwick Dolphins | Rachael Stevenson | Newmarket |
| 50 Breaststroke | 0:33.89 | 27.10.19 | South Beds | Carla King | Sheffield |
| 100 Breaststroke | 1:18.23 | 15.09.19 | South Beds | Carla King | Barnet Cophthall |
| 200 Breaststroke | 3:00.84 | 27.10.18 | South Beds | Sarah Pearse | Sheffield |
| 50 Butterfly | 0:30.87 | 13.11.22 | Biggleswade | Vicky Spong | Braintree |
| 100 Butterfly | 1:16.11 | 27.10.17 | South Beds | Samantha Hammond | Sheffield |
| 100 Ind. Medley | 1:12.21 | 05.03.22 | Biggleswade | Vicky Spong | Bracknell |
| 200 Ind-Medley | 2:38.03 | 29.10.16 | Putteridge | Miriama Owens | Sheffield |

40-44

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|------------------|----------|----------|-------------|------------------|------------------|
| 50 Freestyle | 0:31.00 | 26.10.19 | Team Luton | Kelly Cooke | Sheffield |
| 100 Freestyle | 1:07.59 | 19.09.21 | Team Luton | Jo Mitchinson | Barnet Cophthall |
| 200 Freestyle | 2:21.98 | 10.10.21 | Team Luton | Jo Mitchinson | Newmarket |
| 400 Freestyle | 4:50.94 | 10.10.21 | Team Luton | Jo Mitchinson | Newmarket |
| 800 Freestyle | 10:08.36 | 29.10.21 | Team Luton | Jo Mitchinson | Sheffield |
| 1500 Freestyle | 19:16.04 | 29.10.21 | Team Luton | Jo Mitchinson | Sheffield |
| 50 Backstroke | 0:36.61 | 07.03.20 | Team Luton | Kelly Cooke | Bracknell |
| 100 Backstroke | 1:16.64 | 28.10.22 | Biggleswade | Susan Evans | Sheffield |
| 200 Backstroke | 2:35.29 | 10.10.21 | Team Luton | Jo Mitchinson | Newmarket |
| 50 Breaststroke | 0:37.43 | 28.10.22 | South Beds | Sarah Pearse | Sheffield |
| 100 Breaststroke | 1:24.63 | 17.09.23 | Biggleswade | Kathryn Berry | Barnet Cophthall |
| 200 Breaststroke | 3:22.14 | 10.07.22 | Biggleswade | Susan Evans | Barnet Cophthall |
| 50 Butterfly | 0:34.25 | 17.09.23 | South Beds | Samantha Hammond | Barnet Cophthall |
| 100 Butterfly | 1:15.02 | 10.10.21 | Team Luton | Jo Mitchinson | Newmarket |
| 100 Ind. Medley | 1:18.83 | 18.09.22 | Biggleswade | Susan Evans | Barnet Cophthall |
| 10 | | | | | |
| 200 Ind. Medley | 2:49.29 | 02.10.22 | Biggleswade | Susan Evans | Newmarket |
| 400 Ind-Medley | 5:53.34 | 28.10.22 | Biggleswade | Susan Evans | Sheffield |

45-49

| | | | | | |
|------------------|----------|----------|-------------------|--------------|------------------|
| 50 Freestyle | 0:29.21 | 20.11.16 | Flitwick Dolphins | Liz Woolner | Newmarket |
| 100 Freestyle | 1:05.40 | 16.02.14 | Flitwick Dolphins | Liz Woolner | Sudbury |
| 200 Freestyle | 2:25.78 | 23.04.23 | Biggleswade | Susan Evans | Newmarket |
| 400 Freestyle | 5:05.84 | 23.04.23 | Biggleswade | Susan Evans | Newmarket |
| 1500 Freestyle | 29:42.64 | 27.11.10 | South Beds | Jeanetta Lee | Barnet Cophthall |
| 50 Backstroke | 0:34.42 | 20.03.16 | Flitwick Dolphins | Liz Woolner | Hucknell |
| 100 Backstroke | 1:15.73 | 30.03.14 | Flitwick Dolphins | Liz Woolner | Leamington |
| 200 Backstroke | 2:43.38 | 04.03.23 | Biggleswade | Susan Evans | Bracknell |
| 50 Breaststroke | 0:41.14 | 13.05.23 | Biggleswade | Susan Evans | Edgbaston |
| 100 Breaststroke | 1:31.86 | 13.07.14 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 50 Butterfly | 0:30.75 | 25.10.14 | Flitwick Dolphins | Liz Woolner | Sheffield |

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|----------------|---------|----------|-------------------|-----------------|------------------|
| 100 Butterfly | 1:08.81 | 25.10.14 | Flitwick Dolphins | Liz Woolner | Sheffield |
| 100 Ind-Medley | 1:13.80 | 24.10.14 | Flitwick Dolphins | Liz Woolner | Sheffield |
| 200 Ind-Medley | 2:44.71 | 13.07.14 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 400 Ind-Medley | 6:21.11 | 25.10.19 | Team Luton | Karen MacKenzie | Sheffield |

50-54

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|------------------|----------|----------|-------------------|--------------------|------------------|
| 50 Freestyle | 0:29.01 | 19.02.17 | Flitwick Dolphins | Liz Woolner | Sudbury |
| 100 Freestyle | 1:05.03 | 09.07.17 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 200 Freestyle | 2:28.64 | 16.02.20 | Flitwick Dolphins | Liz Woolner | Sudbury |
| 400 Freestyle | 5:10.30 | 03.03.19 | Flitwick Dolphins | Liz Woolner | Basildon |
| 800 Freestyle | 10:42.58 | 08.07.17 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 1500 Freestyle | 25:42.05 | 25.11.12 | South Beds | Jacqueline Maycock | Barnet Cophthall |
| 50 Backstroke | 0:34.30 | 19.02.17 | Flitwick Dolphins | Liz Woolner | Sudbury |
| 100 Backstroke | 1:15.22 | 14.05.17 | Flitwick Dolphins | Liz Woolner | Nuneaton |
| 200 Backstroke | 2:54.63 | 04.03.23 | Team Luton | Karen MacKenzie | Bracknell |
| 50 Breaststroke | 0:41.37 | 14.05.17 | Flitwick Dolphins | Liz Woolner | Nuneaton |
| 100 Breaststroke | 1:41.93 | 22.09.13 | South Beds | Jacqueline Maycock | Barnet Cophthall |
| 200 Breaststroke | 3:34.98 | 25.10.13 | South Beds | Jacqueline Maycock | Sheffield |
| 50 Butterfly | 0:30.48 | 18.02.18 | Flitwick Dolphins | Liz Woolner | Sudbury |
| 100 Butterfly | 1:08.47 | 18.02.18 | Flitwick Dolphins | Liz Woolner | Sudbury |
| 100 Ind. Medley | 1:16.49 | 03.03.18 | Flitwick Dolphins | Liz Woolner | Bracknell |
| 200 Ind. Medley | 2:42.95 | 09.07.17 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 400 Ind. Medley | 7:21.14 | 16.05.15 | South Beds | Jacqueline Maycock | Leamington Spa |

55-59

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|------------------|----------|----------|-------------------|-----------------|------------------|
| 50 Freestyle | 0:29.16 | 25.03.23 | Flitwick Dolphins | Liz Woolner | Basildon |
| 100 Freestyle | 1:06.09 | 10.07.22 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 200 Freestyle | 2:31.35 | 25.03.23 | Flitwick Dolphins | Liz Woolner | Basildon |
| 400 Freestyle | 5:12.13 | 25.03.23 | Flitwick Dolphins | Liz Woolner | Basildon |
| 800 Freestyle | 12:06.91 | 25.10.09 | South Beds | Christine Ayers | Sheffield |
| 1500 Freestyle | 23:07.90 | 22.11.09 | South Beds | Christine Ayers | Barnet Cophthall |
| 50 Backstroke | 0:34.38 | 04.03.23 | Flitwick Dolphins | Liz Woolner | Bracknell |
| 100 Backstroke | 1:16.83 | 10.07.22 | Flitwick Dolphins | Liz Woolner | Barnet Cophthall |
| 200 Backstroke | 2:46.59 | 02.10.22 | Flitwick Dolphins | Liz Woolner | Newmarket |
| 50 Breaststroke | 0:42.55 | 03.12.22 | Flitwick Dolphins | Liz Woolner | Newport. Mon. |
| 100 Breaststroke | 1:34.06 | 23.10.09 | South Beds | Christine Ayers | Sheffield |
| 200 Breaststroke | 3:22.71 | 24.10.09 | South Beds | Christine Ayers | Sheffield |
| 50 Butterfly | 0:31.02 | 25.03.23 | Flitwick Dolphins | Liz Woolner | Basildon |
| 100 Butterfly | 1:09.89 | 20.03.22 | Flitwick Dolphins | Liz Woolner | Hucknall |
| 200 Butterfly | 3:36.34 | 03.03.12 | South Beds | Christine Ayers | Bracknell |
| 100 Ind. Medley | 1:16.35 | 04.03.23 | Flitwick Dolphins | Liz Woolner | Bracknell |
| 200 Ind. Medley | 2:46.84 | 13.05.23 | Flitwick Dolphins | Liz Woolner | Edgbaston |
| 400 Ind. Medley | 6:52.61 | 30.10.10 | South Beds | Christine Ayers | Sheffield |

60-64

| | | | | | |
|------------------|----------|----------|-----------------|-----------------|------------------|
| 50 Freestyle | 0:35.91 | 17.03.13 | South Beds | Christine Ayers | Hucknall |
| 100 Freestyle | 1:20.28 | 27.04.13 | South Beds | Christine Ayers | Leamington |
| 200 Freestyle | 2:52.04 | 29.10.16 | South Beds | Christine Ayers | Sheffield |
| 400 Freestyle | 5:57.64 | 05.10.13 | South Beds | Christine Ayers | Newmarket |
| 800 Freestyle | 12:08.28 | 12.07.14 | South Beds | Christine Ayers | Barnet Cophthall |
| 1500 Freestyle | 23:16.16 | 23.11.14 | South Beds | Christine Ayers | Barnet Cophthall |
| 50 Backstroke | 0:42.92 | 17.03.13 | South Beds | Christine Ayers | Hucknall |
| 100 Backstroke | 1:32.06 | 01.10.11 | Beaver Masters. | Pat Reynolds | Newmarket |
| 200 Backstroke | 3:13.95 | 05.10.13 | Beaver Masters. | Pat Reynolds | Newmarket |
| 50 Breaststroke | 0:44.62 | 26.10.14 | South Beds | Christine Ayers | Sheffield |
| 100 Breaststroke | 1:36.78 | 25.10.14 | South Beds | Christine Ayers | Sheffield |
| 200 Breaststroke | 3:28.50 | 01.10.14 | South Beds | Christine Ayers | Sheffield |
| 50 Butterfly | 0:42.56 | 17.03.13 | South Beds | Christine Ayers | Hucknall |
| 100 Butterfly | 1:36.02 | 22.09.13 | South Beds | Christine Ayers | Barnet Cophthall |

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|-----------------|---------|----------|------------|-----------------|------------------|
| 200 Butterfly | 3:46.15 | 02.03.13 | South Beds | Christine Ayers | Bracknell |
| 100 Ind. Medley | 1:29.29 | 24.10.14 | South Beds | Christine Ayers | Sheffield |
| 200 Ind. Medley | 3:13.74 | 26.10.14 | South Beds | Christine Ayers | Sheffield |
| 400 Ind. Medley | 6:58.67 | 12.07.15 | South Beds | Christine Ayers | Barnet Cophthall |

65-69

| | | | | | |
|------------------|----------|----------|-----------------|-----------------|------------------|
| 50 Freestyle | 0:37.98 | 03.03.19 | South Beds | Christine Ayers | Basildon |
| 100 Freestyle | 1:24.13 | 01.10.16 | Beaver Masters. | Pat Reynolds | Newmarket |
| 200 Freestyle | 3:05.62 | 10.07.22 | South Beds | Christine Ayers | Barnet Cophthall |
| 400 Freestyle | 6:14.33 | 01.10.16 | Beaver Masters. | Pat Reynolds | Newmarket |
| 800 Freestyle | 13:40.21 | 23.11.19 | South Beds | Christine Ayers | Barnet Cophthall |
| 1500 Freestyle | 25:37.91 | 23.11.19 | South Beds | Christine Ayers | Barnet Cophthall |
| 50 Backstroke | 0:46.58 | 24.04.22 | South Beds | Christine Ayers | Newmarket |
| 100 Backstroke | 1:31.52 | 01.10.16 | Beaver Masters. | Pat Reynolds | Newmarket |
| 200 Backstroke | 3:13.65 | 01.10.16 | Beaver Masters. | Pat Reynolds | Newmarket |
| 50 Breaststroke | 0:46.94 | 17.11.18 | South Beds | Christine Ayers | Basildon |
| 100 Breaststroke | 1:41.83 | 03.03.19 | South Beds | Christine Ayers | Basildon |
| 200 Breaststroke | 3:48.96 | 19.05.19 | South Beds | Christine Ayers | Rugby |
| 50 Butterfly | 0:44.93 | 13.11.22 | South Beds | Christine Ayers | Braintree |
| 100 Butterfly | 1:43.53 | 18.09.22 | South Beds | Christine Ayers | Barnet Cophthall |
| 100 Ind. Medley | 1:36.87 | 29.10.22 | South Beds | Christine Ayers | Sheffield |
| 200 Ind. Medley | 3:49.37 | 24.04.22 | South Beds | Christine Ayers | Newmarket |

70-74

| | | | | | |
|------------------|----------|----------|------------|-----------------|------------------|
| 50 Freestyle | 0:39.05 | 25.03.23 | South Beds | Christine Ayers | Basildon |
| 100 Freestyle | 1:25.52 | 17.09.23 | South Beds | Christine Ayers | Barnet Cophthall |
| 200 Freestyle | 3:04.73 | 09.07.23 | South Beds | Christine Ayers | Barnet Cophthall |
| 400 Freestyle | 6:35.82 | 21.05.23 | South Beds | Christine Ayers | Wolverhampton |
| 800 Freestyle | 13:18.11 | 21.05.23 | South Beds | Christine Ayers | Wolverhampton |
| 1500 Freestyle | 28:37.72 | 26.10.18 | South Beds | Andrea Minor | Sheffield |
| 50 Backstroke | 0:45.95 | 17.09.23 | South Beds | Christine Ayers | Barnet Cophthall |
| 100 Backstroke | 1:42.89 | 31.10.10 | South Beds | Janet Masters. | Sheffield |
| 200 Backstroke | 3:39.98 | 09.07.23 | South Beds | Christine Ayers | Barnet Cophthall |
| 50 Breaststroke | 0:47.95 | 25.03.23 | South Beds | Christine Ayers | Basildon |
| 100 Breaststroke | 1:48.53 | 25.03.23 | South Beds | Christine Ayers | Basildon |
| 200 Breaststroke | 3:49.89 | 09.07.23 | South Beds | Christine Ayers | Barnet Cophthall |
| 50 Butterfly | 0:44.32 | 25.03.23 | South Beds | Christine Ayers | Basildon |
| 100 Butterfly | 1:51.13 | 29.10.10 | South Beds | Janet Masters. | Sheffield |
| 100 Ind. Medley | 1:36.76 | 25.03.23 | South Beds | Christine Ayers | Basildon |
| 200 Ind. Medley | 3:35.27 | 17.09.23 | South Beds | Christine Ayers | Barnet Cophthall |

75-79

| | | | | | |
|------------------|---------|----------|------------|---------------|------------------|
| 50 Freestyle | 0:43.59 | 29.10.16 | South Beds | Janet Masters | Sheffield |
| 100 Freestyle | 1:41.66 | 04.09.16 | South Beds | Janet Masters | Barnet Cophthall |
| 200 Freestyle | 3:36.60 | 03.10.15 | South Beds | Janet Masters | Newmarket |
| 400 Freestyle | 7:40.03 | 10.07.16 | South Beds | Janet Masters | Barnet Cophthall |
| 50 Backstroke | 0:46.84 | 30.10.16 | South Beds | Janet Masters | Sheffield |
| 100 Backstroke | 1:43.94 | 29.10.16 | South Beds | Janet Masters | Sheffield |
| 200 Backstroke | 3:44.88 | 24.10.15 | South Beds | Janet Masters | Sheffield |
| 50 Breaststroke | 0:56.91 | 29.10.16 | South Beds | Janet Masters | Sheffield |
| 100 Breaststroke | 2:08.37 | 17.05.15 | South Beds | Janet Masters | Leamington Spa |
| 50 Butterfly | 0:50.31 | 06.09.15 | South Beds | Janet Masters | Barnet Cophthall |
| 100 Butterfly | 1:51.41 | 30.10.16 | South Beds | Janet Masters | Sheffield |
| 100 Ind-Medley | 1:46.18 | 24.10.15 | South Beds | Janet Masters | Sheffield |
| 200 Ind-Medley | 3:52.62 | 23.10.15 | South Beds | Janet Masters | Sheffield |
| 400 Ind-Medley | 8:20.33 | 25.10.15 | South Beds | Janet Masters | Sheffield |

80 – 84

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|----------------|---------|----------|------------|----------------|-----------------|
| 50 Freestyle | 0:44.88 | 16.02.20 | South Beds | Janet Masters. | Sudbury |
| 100 Freestyle | 1:49.85 | 10.07.22 | South Beds | Janet Masters. | Barnet Copthall |
| 50 Backstroke | 0:51.83 | 07.03.20 | South Beds | Janet Masters | Basildon |
| 100 Backstroke | 1:49.82 | 07.03.20 | South Beds | Janet Masters | Basildon |
| 200 Backstroke | 4:14.22 | 04.03.23 | South Beds | Janet Masters | Bracknell |
| 50 Butterfly | 0:53.78 | 07.03.20 | South Beds | Janet Masters | Basildon |
| 100 Ind-Medley | 1:53.97 | 07.03.20 | South Beds | Janet Masters | Basildon |
| 200 Ind-Medley | 4:19.75 | 29.10.21 | South Beds | Janet Masters | Sheffield |

MEN**18-24**

| | | | | | |
|------------------|----------|----------|-------------------|-----------------|-----------------|
| 50 Freestyle | 0:23.82 | 29.10.16 | Putteridge | Brandon Nabarro | Sheffield |
| 100 Freestyle | 0:52.24 | 28.10.16 | Putteridge | Brandon Nabarro | Sheffield |
| 200 Freestyle | 1:58.36 | 27.10.06 | Flitwick Dolphins | Aled Jones | Sheffield |
| 400 Freestyle | 4:11.20 | 28.10.06 | Flitwick Dolphins | Aled Jones | Sheffield |
| 800 Freestyle | 9:17.64 | 07.07.18 | Team Luton | Alex Mason | Barnet Copthall |
| 1500 Freestyle | 18:06.54 | 23.11.14 | Putteridge | Lewis King | Barnet Copthall |
| 50 Backstroke | 0:26.48 | 13.11.22 | Team Luton | Matthew Wright | Braintree |
| 100 Backstroke | 0:58.37 | 27.10.17 | South Beds | Matt Masters | Sheffield |
| 200 Backstroke | 2:13.92 | 28.10.06 | Modernians | David Wheeler | Sheffield |
| 50 Breaststroke | 0:26.83 | 24.10.15 | Putteridge | Lawrence Palmer | Sheffield |
| 100 Breaststroke | 1:01.39 | 25.10.14 | Putteridge | Lawrence Palmer | Sheffield |
| 200 Breaststroke | 2:16.13 | 24.10.14 | Putteridge | Lawrence Palmer | Sheffield |
| 50 Butterfly | 0:25.68 | 25.10.15 | Putteridge | Lawrence Palmer | Sheffield |
| 100 Butterfly | 0:59.68 | 15.09.19 | South Beds | Harry Wears | Barnet Copthall |
| 200 Butterfly | 2:11.85 | 29.10.16 | Putteridge | Brandon Nabarro | Sheffield |
| 100 Ind. Medley | 0:57.30 | 24.10.15 | Putteridge | Lawrence Palmer | Sheffield |
| 200 Ind. Medley | 2:07.90 | 23.10.15 | Putteridge | Lawrence Palmer | Sheffield |
| 400 Ind. Medley | 4:48.82 | 28.10.17 | Team Luton | Alex Mason | Sheffield |

25-29

| | | | | | |
|------------------|----------|----------|-------------------|-----------------|-----------------|
| 50 Freestyle | 0:24.93 | 26.10.19 | South Beds | Matt Masters | Sheffield |
| 100 Freestyle | 0:54.31 | 26.10.19 | South Beds | Matt Masters | Sheffield |
| 200 Freestyle | 2:02.37 | 25.10.19 | South Beds | Matt Masters | Sheffield |
| 400 Freestyle | 4:31.70 | 26.04.15 | Putteridge | Lewis King | Newmarket |
| 800 Freestyle | 9:48.28 | 30.10.22 | Flitwick Dolphins | Thomas Allen | Sheffield |
| 1500 Freestyle | 18:47.63 | 28.10.22 | Flitwick Dolphins | Thomas Allen | Sheffield |
| 50 Backstroke | 0:28.25 | 25.10.19 | South Beds | Matt Masters | Sheffield |
| 100 Backstroke | 1:00.28 | 27.10.19 | South Beds | Matt Masters | Sheffield |
| 200 Backstroke | 2:30.97 | 30.10.22 | Flitwick Dolphins | Thomas Allen | Sheffield |
| 50 Breaststroke | 0:26.99 | 29.10.17 | Putteridge | Lawrence Palmer | Sheffield |
| 100 Breaststroke | 0:59.23 | 28.10.17 | Putteridge | Lawrence Palmer | Sheffield |
| 200 Breaststroke | 2:11.90 | 27.10.17 | Putteridge | Lawrence Palmer | Sheffield |
| 50 Butterfly | 0:25.78 | 12.11.17 | Putteridge | Lawrence Palmer | Newmarket |
| 100 Butterfly | 1:04.13 | 09.07.23 | South Beds | William Carter | Barnet Copthall |
| 200 Butterfly | 2:56.27 | 29.10.21 | Flitwick Dolphins | Thomas Allen | Sheffield |
| 100 Ind. Medley | 1:02.56 | 21.05.17 | Team Luton | Michael Poynton | Bexleyheath |
| 200 Ind. Medley | 2:25.38 | 17.05.15 | Putteridge | Lewis King | Leamington Spa |
| 400 Ind-Medley | 5:09.01 | 16.05.15 | Putteridge | Lewis King | Leamington Spa |

30-34

| | | | | | |
|---------------|---------|----------|-------------|------------------|-----------------|
| 50 Freestyle | 0:26.00 | 31.10.10 | Biggleswade | Ian Davies | Sheffield |
| 100 Freestyle | 0:58.79 | 16.05.15 | South Beds | Richard Lewindon | Leamington Spa |
| 200 Freestyle | 2:14.19 | 26.10.14 | South Beds | Chris Lewindon | Sheffield |
| 400 Freestyle | 4:59.78 | 13.07.14 | South Beds | Chris Lewindon | Barnet Copthall |

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|------------------|----------|----------|------------|-----------------|-----------------|
| 800 Freestyle | 10:58.71 | 26.10.14 | Putteridge | Graeme Crowston | Sheffield |
| 50 Backstroke | 0:27.17 | 13.11.22 | South Beds | Ryan Anscombe | Braintree |
| 100 Backstroke | 1:11.03 | 30.03.14 | South Beds | Chris Lewindon | Leamington Spa |
| 200 Backstroke | 2:35.62 | 01.03.14 | South Beds | Chris Lewindon | Bracknell |
| 50 Breaststroke | 0:33.37 | 07.08.22 | South Beds | David Wright | Gloucester |
| 100 Breaststroke | 1:19.45 | 13.07.14 | South Beds | Chris Lewindon | Barnet Copthall |
| 200 Breaststroke | 2:51.89 | 16.05.15 | South Beds | Chris Lewindon | Leamington Spa |
| 50 Butterfly | 0:25.97 | 13.11.22 | South Beds | Ryan Anscombe | Braintree |
| 100 Butterfly | 1:02.05 | 29.10.06 | Modernians | John Tomlin | Sheffield |
| 200 Butterfly | 2:15.77 | 28.10.06 | Modernians | John Tomlin | Sheffield |
| 100 Ind. Medley | 1:05.42 | 28.10.06 | Modernians | John Tomlin | Sheffield |
| 200 Ind. Medley | 2:23.75 | 29.10.06 | Modernians | John Tomlin | Sheffield |
| 400 Ind Medley | 5:29.70 | 16.05.15 | South Beds | Chris Lewindon | Leamington Spa |

35-39

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|------------------|----------|----------|-------------------|----------------|-----------------|
| 50 Freestyle | 0:25.97 | 10.11.19 | Flitwick Dolphins | Mike Outtram | Bury St Edmunds |
| 100 Freestyle | 0:57.49 | 03.03.19 | Flitwick Dolphins | Mike Outtram | Basildon |
| 200 Freestyle | 2:16.87 | 24.04.09 | South Beds | Howard Gell | Leamington Spa |
| 800 Freestyle | 11:42.09 | 26.10.08 | Luton SC | John O'Rourke | Sheffield |
| 1500 Freestyle | 20:29.28 | 22.11.09 | South Beds | Howard Gell | Barnet Copthall |
| 50 Backstroke | 0:29.42 | 10.10.21 | Flitwick Dolphins | Mike Outtram | Newmarket |
| 100 Backstroke | 1:03.48 | 10.10.21 | Flitwick Dolphins | Mike Outtram | Newmarket |
| 50 Breaststroke | 0:33.02 | 16.02.14 | Biggleswade | Nick Titchener | Sudbury |
| 100 Breaststroke | 1:12.05 | 16.02.14 | Biggleswade | Nick Titchener | Sudbury |
| 200 Breaststroke | 2:45.42 | 29.09.19 | Flitwick Dolphins | Alistair Shaw | Newmarket |
| 50 Butterfly | 0:30.30 | 17.11.18 | Flitwick Dolphins | Mike Outtram | Basildon |
| 100 Butterfly | 1:03.22 | 25.10.08 | Modernians | John Tomlin | Sheffield |
| 200 Butterfly | 2:22.36 | 25.10.08 | Modernians | John Tomlin | Sheffield |
| 100 Ind. Medley | 1:03.62 | 10.10.21 | Flitwick Dolphins | Mike Outtram | Newmarket |
| 200 Ind-Medley | 2:25.97 | 26.10.18 | Flitwick Dolphins | Mike Outtram | Sheffield |

40-44

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|------------------|----------|----------|-------------------|-----------------|------------|
| 50 Freestyle | 0:24.86 | 24.10.08 | Modernians | Marcel Scholten | Sheffield |
| 100 Freestyle | 0:55.14 | 25.10.08 | Modernians | Marcel Scholten | Sheffield |
| 200 Freestyle | 2:07.80 | 12.03.22 | Flitwick Dolphins | Mike Outtram | Basildon |
| 400 Freestyle | 4:45.46 | 10.10.21 | Flitwick Dolphins | Alistair Shaw | Newmarket |
| 800 Freestyle | 9:58.73 | 27.10.19 | South Beds | Peter Gleed | Sheffield |
| 1500 Freestyle | 18:57.81 | 25.10.19 | South Beds | Peter Gleed | Sheffield |
| 50 Backstroke | 0:29.70 | 02.10.22 | Flitwick Dolphins | Mike Outtram | Newmarket |
| 100 Backstroke | 1:04.69 | 12.03.22 | Flitwick Dolphins | Mike Outtram | Basildon |
| 200 Backstroke | 2:22.85 | 02.10.22 | Flitwick Dolphins | Mike Outtram | Newmarket |
| 50 Breaststroke | 0:31.24 | 25.10.08 | Modernians | Marcel Scholten | Sheffield |
| 100 Breaststroke | 1:09.23 | 25.10.08 | Modernians | Marcel Scholten | Sheffield |
| 200 Breaststroke | 2:34.63 | 24.10.08 | Modernians | Marcel Scholten | Sheffield |
| 50 Butterfly | 0:29.66 | 31.03.19 | South Beds | Peter Gleed | Gloucester |
| 100 Butterfly | 1:06.34 | 25.10.19 | South Beds | Peter Gleed | Sheffield |
| 200 Butterfly | 2:34.74 | 22.09.19 | South Beds | Peter Gleed | Leicester |
| 100 Ind. Medley | 1:04.23 | 12.03.22 | Flitwick Dolphins | Mike Outtram | Basildon |
| 200 Ind. Medley | 2:23.66 | 02.10.22 | Flitwick Dolphins | Mike Outtram | Newmarket |
| 400 Ind-Medley | 5:17.98 | 31.03.19 | South Beds | Peter Gleed | Gloucester |

45-49

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|----------------|----------|----------|------------|-----------------|-----------------|
| 50 Freestyle | 0:25.20 | 25.10.13 | Modernians | Marcel Scholten | Sheffield |
| 100 Freestyle | 0:55.52 | 09.12.12 | Modernians | Marcel Scholten | Sheffield |
| 200 Freestyle | 2:10.41 | 27.10.06 | Luton SC | Ian Stoughton | Sheffield |
| 400 Freestyle | 4:41.28 | 28.10.06 | Luton SC | Ian Stoughton | Sheffield |
| 800 Freestyle | 10:05.94 | 29.10.06 | Luton SC | Ian Stoughton | Sheffield |
| 1500 Freestyle | 19:44.86 | 21.11.09 | Luton SC | David Wright | Barnet Copthall |
| 50 Backstroke | 0:31.52 | 23.04.06 | Modernians | Dave Cartledge | Gloucester |
| 100 Backstroke | 1:07.38 | 03.12.06 | Modernians | Dave Cartledge | Milton Keynes |

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|------------------|---------|----------|------------|-----------------|-----------------|
| 200 Backstroke | 2:42.43 | 19.07.08 | Luton SC | Andrew Byrne | Barnet Copthall |
| 50 Breaststroke | 0:31.51 | 26.10.12 | Modernians | Marcel Scholten | Sheffield |
| 100 Breaststroke | 1:09.92 | 09.12.12 | Modernians | Marcel Scholten | Sheffield |
| 200 Breaststroke | 2:35.38 | 27.10.12 | Modernians | Marcel Scholten | Sheffield |
| 50 Butterfly | 0:29.51 | 20.11.11 | Modernians | Marcel Scholten | Newmarket |
| 100 Butterfly | 1:07.80 | 29.10.06 | Luton SC | Ian Stoughton | Sheffield |
| 200 Butterfly | 2:40.34 | 23.10.09 | Luton SC | David Wright | Sheffield |
| 100 Ind. Medley | 1:05.24 | 23.04.06 | Modernians | Dave Cartledge | Gloucester |
| 200 Ind. Medley | 2:22.47 | 03.12.06 | Modernians | Dave Cartledge | Milton Keynes |
| 400 Ind. Medley | 6:03.38 | 30.10.10 | Team Luton | David Wright | Sheffield |

50-54

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|------------------|----------|----------|------------|-----------------|-----------------------|
| 50 Freestyle | 0:25.90 | 21.01.18 | Modernians | Marcel Scholten | Terneuzen (Nederland) |
| 100 Freestyle | 0:56.38 | 19.11.17 | Modernians | Marcel Scholten | Sheffield |
| 200 Freestyle | 2:19.90 | 26.10.08 | Luton SC | Ian Murray | Sheffield |
| 400 Freestyle | 4:57.42 | 09.07.17 | Modernians | Marcel Scholten | Barnet Copthall |
| 800 Freestyle | 10:25.84 | 29.10.11 | Team Luton | David Wright | Sheffield |
| 1500 Freestyle | 19:54.27 | 26.10.12 | Team Luton | David Wright | Sheffield |
| 50 Backstroke | 0:30.89 | 29.10.06 | Luton SC | Graham Powell | Sheffield |
| 100 Backstroke | 1:07.85 | 29.10.06 | Luton SC | Graham Powell | Sheffield |
| 200 Backstroke | 2:31.31 | 28.10.06 | Luton SC | Graham Powell | Sheffield |
| 50 Breaststroke | 0:32.17 | 11.12.16 | Modernians | Marcel Scholten | Sheffield |
| 100 Breaststroke | 1:11.42 | 11.12.16 | Modernians | Marcel Scholten | Sheffield |
| 200 Breaststroke | 2:46.98 | 10.09.17 | Modernians | Marcel Scholten | Maidenhead |
| 50 Butterfly | 0:29.91 | 27.10.06 | Luton SC | Graham Powell | Sheffield |
| 100 Butterfly | 1:05.71 | 27.10.07 | Luton SC | Graham Powell | Sheffield |
| 200 Butterfly | 2:30.92 | 08.10.06 | Luton SC | Graham Powell | Sheffield |
| 100 Ind. Medley | 1:06.32 | 20.01.18 | Modernians | Marcel Scholten | Terneuzen (Nederland) |
| 200 Ind. Medley | 2:31.00 | 01.10.17 | Modernians | Marcel Scholten | Newmarket |
| 400 Ind-Medley | 5:59.40 | 25.10.14 | Team Luton | Alastair Gibb | Sheffield |

55-59

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|------------------|----------|----------|-------------------|----------------|-----------------|
| 50 Freestyle | 0:27.79 | 15.11.15 | Modernians | Dave Cartledge | Newmarket |
| 100 Freestyle | 1:05.31 | 26.10.19 | South Beds | Peter Masters | Sheffield |
| 200 Freestyle | 2:22.73 | 24.04.16 | Team Luton | David Wright | Newmarket |
| 400 Freestyle | 5:02.45 | 09.07.17 | Modernians | Dave Cartledge | Barnet Copthall |
| 800 Freestyle | 10:35.19 | 28.10.12 | Flitwick Dolphins | Ian Murray | Sheffield |
| 1500 Freestyle | 20:09.96 | 26.10.12 | Flitwick Dolphins | Ian Murray | Sheffield |
| 50 Backstroke | 0:31.36 | 27.10.13 | Team Luton | Graham Powell | Sheffield |
| 100 Backstroke | 1:09.04 | 28.10.11 | Team Luton | Graham Powell | Sheffield |
| 200 Backstroke | 2:29.00 | 24.10.15 | Modernians | Dave Cartledge | Sheffield |
| 50 Breaststroke | 0:34.15 | 23.10.15 | Modernians | Dave Cartledge | Sheffield |
| 100 Breaststroke | 1:13.97 | 23.10.15 | Modernians | Dave Cartledge | Sheffield |
| 200 Breaststroke | 2:47.37 | 24.10.15 | Modernians | Dave Cartledge | Sheffield |
| 50 Butterfly | 0:30.43 | 15.11.15 | Modernians | Dave Cartledge | Newmarket |
| 100 Butterfly | 1:08.36 | 29.10.11 | Team Luton | Graham Powell | Sheffield |
| 200 Butterfly | 2:41.63 | 30.10.11 | Team Luton | Graham Powell | Sheffield |
| 100 Ind. Medley | 1:07.82 | 24.10.15 | Modernians | Dave Cartledge | Sheffield |
| 200 Ind. Medley | 2:28.98 | 23.10.15 | Modernians | Dave Cartledge | Sheffield |
| 400 Ind. Medley | 5:56.73 | 25.10.15 | Team Luton | Alastair Gibb | Sheffield |

60-64

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|----------------|----------|----------|-------------------|---------------|-----------------|
| 50 Freestyle | 0:29.25 | 29.10.22 | South Beds | Peter Masters | Sheffield |
| 100 Freestyle | 1:06.06 | 26.04.18 | Team Luton | Graham Powell | Sheffield |
| 200 Freestyle | 2:25.26 | 05.03.22 | Team Luton | David Wright | Bracknell |
| 400 Freestyle | 5:09.66 | 19.09.21 | Team Luton | David Wright | Barnet Copthall |
| 800 Freestyle | 11:06.31 | 29.10.17 | Flitwick Dolphins | Ian Murray | Sheffield |
| 1500 Freestyle | 21:27.57 | 27.10.17 | Flitwick Dolphins | Ian Murray | Sheffield |

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|------------------|---------|----------|------------|----------------|-----------------|
| 50 Backstroke | 0:32.53 | 05.03.16 | Team Luton | Graham Powell | Bracknell |
| 100 Backstroke | 1:12.02 | 29.10.16 | Team Luton | Graham Powell | Sheffield |
| 200 Backstroke | 2:39.89 | 28.10.16 | Team Luton | Graham Powell | Sheffield |
| 50 Breaststroke | 0:37.32 | 24.10.15 | Team Luton | Colin Mayes | Sheffield |
| 100 Breaststroke | 1:23.28 | 23.10.15 | Team Luton | Colin Mayes | Sheffield |
| 200 Breaststroke | 3:01.84 | 24.10.15 | Team Luton | Colin Mayes | Sheffield |
| 50 Butterfly | 0:31.39 | 28.10.16 | Team Luton | Graham Powell | Sheffield |
| 100 Butterfly | 1:08.70 | 04.09.16 | Team Luton | Graham Powell | Barnet Copthall |
| 200 Butterfly | 2:46.83 | 29.10.21 | Team Luton | David Wright | Sheffield |
| 100 Ind-Medley | 1:13.12 | 30.10.16 | Team Luton | Graham Powell | Sheffield |
| 200 Ind. Medley | 2:43.14 | 29.10.17 | Team Luton | Graham Powell | Sheffield |
| 400 Ind. Medley | 6:36.94 | 02.10.16 | South Beds | Chris Marshall | Leamington Spa |

65-69

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|------------------|----------|----------|-------------------|----------------|------------|
| 50 Freestyle | 0:31.59 | 29.10.21 | Team Luton | Graham Powell | Sheffield |
| 100 Freestyle | 1:09.39 | 26.11.22 | Team Luton | Graham Powell | Alfreton |
| 200 Freestyle | 2:40.28 | 27.10.18 | South Beds | Peter Iles | Sheffield |
| 400 Freestyle | 5:34.62 | 11.09.22 | Team Luton | Graham Powell | Maidenhead |
| 800 Freestyle | 12:07.60 | 28.10.22 | Flitwick Dolphins | Ian Murray | Sheffield |
| 1500 Freestyle | 22:39.04 | 28.10.22 | Flitwick Dolphins | Ian Murray | Sheffield |
| 50 Backstroke | 0:33.78 | 29.10.22 | Team Luton | Graham Powell | Sheffield |
| 100 Backstroke | 1:15.87 | 10.10.21 | Team Luton | Graham Powell | Newmarket |
| 200 Backstroke | 2:45.47 | 30.10.22 | Team Luton | Graham Powell | Sheffield |
| 50 Breaststroke | 0:40.13 | 28.10.22 | Team Luton | Colin Mayes | Sheffield |
| 100 Breaststroke | 1:29.00 | 30.10.21 | Team Luton | Malcolm Barton | Sheffield |
| 200 Breaststroke | 3:20.26 | 31.10.21 | Team Luton | Malcolm Barton | Sheffield |
| 50 Butterfly | 0:33.19 | 31.10.21 | Team Luton | Graham Powell | Sheffield |
| 100 Butterfly | 1:14.70 | 28.10.22 | Team Luton | Graham Powell | Sheffield |
| 200 Butterfly | 3:34.93 | 07.03.20 | Team Luton | Malcolm Barton | Bracknell |
| 100 Ind. Medley | 1:16.22 | 29.10.22 | Team Luton. | Graham Powell | Sheffield |
| 200 Ind. Medley | 2:50.94 | 30.10.22 | Team Luton | Graham Powell | Sheffield |
| 400 Ind. Medley | 7:06.10 | 28.10.22 | Team Luton | Colin Mayes | Sheffield |

70-74

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|------------------|----------|----------|-----------------|-----------------|-----------------|
| 50 Freestyle | 0:31.94 | 16.05.09 | Beaver Masters. | Alan Jackson | Norwich |
| 100 Freestyle | 1:12.43 | 03.10.09 | Beaver Masters. | Alan Jackson | Newmarket |
| 200 Freestyle | 2:48.55 | 03.04.09 | Beaver Masters. | Alan Jackson | Guernsey |
| 400 Freestyle | 6:15.31 | 27.11.22 | Biggleswade | Joe-Lound Keast | Barnet Copthall |
| 800 Freestyle | 12:48.02 | 27.11.22 | Biggleswade | Joe Lound-Keast | Barnet Copthall |
| 1500 Freestyle | 24:18.58 | 27.11.22 | Biggleswade | Joe Lound-Keast | Barnet Copthall |
| 50 Backstroke | 0:38.71 | 16.05.09 | Beaver Masters. | Alan Jackson | Norwich |
| 100 Backstroke | 1:24.70 | 03.04.09 | Beaver Masters. | Alan Jackson | Guernsey |
| 200 Backstroke | 3:05.74 | 03.04.09 | Beaver Masters. | Alan Jackson | Guernsey |
| 50 Breaststroke | 0:44.04 | 03.10.09 | Beaver Masters. | Alan Jackson | Newmarket |
| 100 Breaststroke | 1:40.06 | 03.10.09 | Beaver Masters. | Alan Jackson | Newmarket |
| 200 Breaststroke | 3:41.22 | 02.10.22 | Biggleswade | Joe Lound-Keast | Newmarket |
| 50 Butterfly | 0:36.94 | 14.02.09 | Beaver Masters. | Alan Jackson | Sudbury |
| 100 Butterfly | 1:54.83 | 07.07.13 | Team Luton | Paul Clarke | Barnet Copthall |
| 200 Butterfly | 4:45.28 | 15.07.12 | Team Luton | Paul Clarke | Barnet Copthall |
| 100 Ind. Medley | 1:21.74 | 04.02.09 | Beaver Masters. | Alan Jackson | Sudbury |
| 200 Ind. Medley | 3:13.56 | 03.04.09 | Beaver Masters. | Alan Jackson | Guernsey |
| 400 Ind. Medley | 8:28.76 | 28.04.13 | Team Luton | Paul Clarke | Leamington |

75-79

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|----------------|----------|----------|------------------|----------------|-----------------|
| 50 Freestyle | 0:39.50 | 29.04.07 | Bedford Masters. | Basil Gell | Aylesbury |
| 100 Freestyle | 1:32.26 | 29.04.07 | Bedford Masters. | Basil Gell | Aylesbury |
| 200 Freestyle | 3:36.75 | 03.12.06 | Bedford Masters. | Basil Gell | Milton Keynes |
| 400 Freestyle | 8:00.79 | 07.07.19 | Beaver Masters. | Paul Clarke | Barnet Copthall |
| 800 Freestyle | 16:56.15 | 08.07.06 | Luton SC | William Mackay | Barnet Copthall |
| 1500 Freestyle | 32:50.86 | 25.11.18 | Beaver Masters | Paul Clarke | Barnet Copthall |

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|------------------|----------|----------|------------------|-------------|-----------------|
| 50 Backstroke | 0:48.60 | 05.05.06 | Bedford Masters. | Basil Gell | Leamington Spa |
| 100 Backstroke | 1:49.87 | 03.12.06 | Bedford Masters. | Basil Gell | Milton Keynes |
| 200 Backstroke | 3:57.13 | 30.09.18 | Beaver Masters. | Paul Clarke | Newmarket |
| 50 Breaststroke | 0:48.90 | 18.03.17 | Beaver Masters. | Paul Clarke | Stafford |
| 100 Breaststroke | 1:52.78 | 29.04.07 | Bedford Masters. | Basil Gell | Aylesbury |
| 200 Breaststroke | 4:06.92 | 05.05.06 | Bedford Masters. | Basil Gell | Leamington Spa |
| 50 Butterfly | 0:54.43 | 21.05.17 | Beaver Masters. | Paul Clarke | Bexleyheath |
| 100 Butterfly | 2:08.12 | 03.09.17 | Beaver Masters. | Paul Clarke | Barnet Copthall |
| 200 Butterfly | 5:27.00 | 05.05.06 | Bedford Masters. | Basil Gell | Leamington Spa |
| 100 Ind. Medley | 1:49.48 | 29.04.07 | Bedford Masters. | Basil Gell | Aylesbury |
| 200 Ind. Medley | 4:01.54 | 03.12.06 | Bedford Masters. | Basil Gell | Milton Keynes |
| 400 Ind. Medley | 8:46.50 | 21.07.07 | Bedford Masters. | Basil Gell | Barnet Copthall |
| 80-84 | | | | | |
| 50 Freestyle | 0:46.28 | 12.03.22 | Beaver Masters | Paul Clarke | Basildon |
| 100 Freestyle | 1:50.59 | 12.03.22 | Beaver Masters | Paul Clarke | Basildon |
| 200 Freestyle | 4:05.30 | 20.03.22 | Beaver Masters | Paul Clarke | Hucknall |
| 400 Freestyle | 8:42.03 | 27.02.22 | Beaver Masters | Paul Clarke | Millfield |
| 800 Freestyle | 18:30.94 | 09.07.22 | Beaver Masters | Paul Clarke | Barnet Copthall |
| 1500 Freestyle | 35:23.35 | 27.11.22 | Beaver Masters | Paul Clarke | Barnet Copthall |
| 50 Backstroke | 0:52.42 | 02.10.22 | Beaver Masters | Paul Clarke | Newmarket |
| 100 Backstroke | 2:00.03 | 09.07.23 | Beaver Masters | Paul Clarke | Barnet Copthall |
| 200 Backstroke | 4:12.90 | 06.07.23 | Beaver Masters | Paul Clarke | Barnet Copthall |
| 50 Breaststroke | 0:53.60 | 07.08.22 | Beaver Masters | Paul Clarke | Gloucester |
| 100 Breaststroke | 2:05.87 | 12.03.22 | Beaver Masters | Paul Clarke | Basildon |
| 200 Breaststroke | 4:40.86 | 10.07.22 | Beaver Masters | Paul Clarke | Barnet Copthall |
| 50 Butterfly | 1:03.36 | 12.03.22 | Beaver Masters | Paul Clarke | Basildon |
| 100 Ind-Medley | 2:06.33 | 12.03.22 | Beaver Masters | Paul Clarke | Basildon |
| 200 Ind-Medley | 4:45.90 | 20.03.22 | Beaver Masters | Paul Clarke | Hucknall |