

BEDFORDSHIRE AMATEUR SWIMMING ASSOCIATION

Affiliated to the ASA East Region



COUNTY RACING RECORDS
January 2019

Introduction (Beds ASA Policies - Section 7 Refers)

7.1 The Association will maintain County Swimming Records in respect of Junior, Senior, Long Course, Short Course for male and female.

7.2 Short Course Records may be made only in pools of 25 metres in length. Long Course records may be made only in pools 50 metres in length. The start and finish shall be at ends of the pool. The senior classification shall have no age limits. In the junior classification, a swimmer shall be under the age of 16 years at midnight on the day of the swim.

7.3 Records may only be set at events run under ASA Laws. If the foregoing conditions are met, the times can only be recognised where the swimmer is entered under the name of a Bedfordshire ASA member club and which are made at:-

- The County Championships
- Age Group Competitions or County Competitions
- Championships (ASA, ASA East Region, ESSA Finals and Divisional Finals)
- A representative match at county or higher level
- Other licensed meets run with AOE

7.4 All applications for records must be made by the swimmer, or his/ her club, to the Secretary of the Association within 21 days of the event using the appropriate record claim form, (which can be downloaded from the Beds ASA web site). Eligible times set at the Bedfordshire ASA County Championships or at an Inter-county event where the swimmer is representing Bedfordshire ASA, will be recognised automatically without claim.

7.5 Separate Long Course, Short Course, male and female records shall also be maintained for all masters age groups.

7.6 Senior County Records may not be set in Masters' Competitions

Abbreviations Used:

BWSC	BIGGLESWADE SWIMMING CLUB
CBSS	CENTRAL BEDS SWIM SQUAD
DSC	DUNSTABLE SWIMMING CLUB
FDSC	FLITWICK DOLPHIN SWIMMING CLUB
LCSC	LINSLADE CRUSADERS SWIMMING CLUB
LSC	TEAM LUTON SWIMMING CLUB
MBSS	MID BEDS SWIM SQUAD
MSC	MODERNIAN SWIMMING CLUB
PRCSC	PUTTERIDGE SWIMMING CLUB
SBM	SOUTH BEDS MASTERS

JUNIOR SHORT COURSE - FEMALE

Freestyle						
50m	Amber Swales	BWSC	27.14	Mar	2011	Biggleswade
100m	Yasmin Bithrey	BWSC	58.23	Mar	2010	Biggleswade
200m	Yasmin Bithrey	BWSC	2:03.38	Mar	2010	Biggleswade
400m	Yasmin Bithrey	BWSC	4:20.76	Mar	2010	Biggleswade
800m	Chloe Lence	MSC	9:01.32	Nov	2015	Luton
1500m	Harriet Brettle	BWSC	17:17.09	Mar	2007	Biggleswade
Backstroke						
50m	Eleanor King	DSC	30.95	Sep	2015	Basildon
100m	Natalie Effemey	MSC	1:05.11	Mar	2000	Biggleswade
200m	Natalie Effemey	MSC	2:17.70	Mar	2000	Biggleswade
Breaststroke						
50m	Rebecca Burton	MSC	32.30	Dec	2014	Luton
100m	Rebecca Burton	MSC	1:11.31	Dec	2014	Luton
200m	Hayley Alcock	MSC	2:40.74	Mar	2011	Biggleswade
Butterfly						
50m	Rebecca Burton	MSC	29.52	Mar	2014	Luton
100m	Yasmin Bithrey	BWSC	1:05.28	Mar	2010	Biggleswade
200m	Abigail Gee	LSC	2:19.68	Mar	2013	Luton
Individual Medley						
100m	Rebecca Burton	MSC	1:05.93	Mar	2014	Luton
200m	Yasmin Bithrey	BWSC	2:23.17	Mar	2010	Biggleswade
400m	Yasmin Bithrey	BWSC	5:00.17	Mar	2010	Biggleswade

SENIOR SHORT COURSE - FEMALE

Freestyle						
50m	Carrie Willmott	LSC	26.66	Nov	1993	Leicester
100m	Carrie Willmott	LSC	57.40	Oct	1993	Ipswich
200m	Jessica Jackson	PRCSC	2:02.63	Sep	2018	Luton
400m	Yasmin Bithrey	BWSC	4:20.76	Mar	2010	Biggleswade
800m	Harriet Brettle	MBSS	8:59.28	Nov	2009	Norwich
1500m	Harriet Brettle	BWSC	16:59.16	Feb	2008	Biggleswade
Backstroke						
50m	Eleanor King	DSC	30.78	Nov	2016	Luton
100m	Natalie Effemey	MSC	1:05.11	Mar	2000	Biggleswade
200m	Natalie Effemey	MSC	2:17.09	Mar	2002	Biggleswade
Breaststroke						
50m	Rebecca Burton	MSC	32.30	Dec	2014	Luton
100m	Rebecca Burton	MSC	1:11.31	Dec	2014	Luton
200m	Hayley Alcock	MSC	2:37.79	Mar	2014	Luton
Butterfly						
50m	Rebecca Warner	MSC	29.23	Mar	2007	Biggleswade
100m	Hayley Alcock	MSC	1:04.19	Mar	2014	Luton
200m	Abigail Gee	LSC	2:19.28	Mar	2014	Luton
Individual Medley						
100m	Rebecca Burton	MSC	1:05.93	Mar	2014	Luton
200m	Celyn Walmsley	LSC	2:21.52	Nov	2018	Beacontree Heath
400m	Amber Swales	BWSC	4:58.17	Mar	2012	Biggleswade

JUNIOR LONG COURSE - FEMALE

Freestyle						
50m	Emily Jones	MSC	27.88	Feb	2018	Luton
100m	Yasmin Bithrey	MBSS	59.53	Jul	2009	Sheffield
200m	Joanne Drewitt	LSC	2:06.34	Aug	1987	Rome
400m	Chloe Lence	MSC	4:27.96	Apr	2017	Sheffield
800m	Nicola Pasquire	MSC	9:14.03	Nov	2013	Luton
1500m	Alice Marchant	MBSS	18:08.76	Apr	2009	Norwich
Backstroke						
50m	Eleanor King	DSC	31.46	Aug	2015	Sheffield
100m	Harriet Brettle	MBSS	1:07.49	May	2007	Norwich
200m	Chloe Lence	MSC	2:26.81	Apr	2017	Luton
Breaststroke						
50m	Rebecca Burton	MSC	33.37	May	2015	Luton
100m	Rebecca Burton	MSC	1:13.82	Aug	2014	Sheffield
200m	Imogen Lambert	FDSC	2:43.52	Aug	2017	Sheffield
Butterfly						
50m	Rebecca Burton	MSC	29.50	May	2014	Luton
100m	Joanne Drewitt	LSC	1:05.25	Aug	1988	Coventry
200m	Abigail Gee	LSC	2:21.64	Mar	2013	Norwich
Individual Medley						
200m	Joanne Drewitt	LSC	2:24.74	Apr	1987	Crystal Palace
400m	Joanne Drewitt	LSC	5:06.38	Aug	1988	Coventry

SENIOR LONG COURSE- FEMALE

Freestyle						
50m	Jessica Jackson	PRCSC	26.09	Jan	2017	Luton
100m	Jessica Jackson	PRCSC	55.09	Jan	2017	Luton
200m	Jessica Jackson	PRCSC	2:01.88	Feb	2017	Luton
400m	Chantal Smith	LSC	4:27.73	May	2017	Luton
800m	Harriet Brettle	MBSS	9:11.12	May	2009	Norwich
1500m	Celyn Walmsley	LSC	17:48.70	Jul	2018	Sheffield
Backstroke						
50m	Lauren Simpkins	PRCSC	30.54	Aug	2016	Sheffield
100m	Harriet Brettle	MBSS	1:07.49	May	2007	Norwich
200m	Carrie Willmott	LSC	2:24.23	Jun	1992	Sheffield
Breaststroke						
50m	Emily Ridout	DSC	33.02	May	2015	Cardiff
100m	Emily Ridout	DSC	1:11.95	Apr	2015	London AC
200m	Rebecca Burton	MSC	2:42.68	Mar	2015	Luton
Butterfly						
50m	Jessica Jackson	PRCSC	28.02	Feb	2017	Luton
100m	Jessica Jackson	PRCSC	1:03.99	Jan	2018	Luton
200m	Abigail Gee	LSC	2:20.17	Aug	2015	Sheffield
Individual Medley						
200m	Joanne Drewitt	LSC	2:24.74	Apr	1987	Crystal Palace
400m	Celyn Walmsley	LSC	5:05.88	Jul	2018	Sheffield

† Joint Holders

JUNIOR SHORT COURSE - MALE

Freestyle						
50m	Samuel Briggs	MSC	24.10	Mar	2009	Biggleswade
100m	Samuel Briggs	MSC	52.79	Mar	2009	Biggleswade
200m	Sean Downey	LSC	1:54.94	Mar	2004	Biggleswade
400m	Sean Downey	LSC	4:03.73	Mar	2004	Biggleswade
800m	Caleb Hughes	BWSC	8:21.71	Mar	2010	Biggleswade
1500m	Paul Bavister	LSC	15:32.26	Dec	1992	Southampton
Backstroke						
50m	Walter Hackett	DSC	26.80	Dec	2018	Sheffield
100m	Walter Hackett	DSC	57.72	Dec	2018	Sheffield
200m	Walter Hackett	DSC	2:07.15	Dec	2018	Sheffield
Breaststroke						
50m	Joshua Bristow	MSC	31.11	Jun	2018	Bletchley
100m	Brandon Nabarro	MBSS	1:07.91	May	2012	Biggleswade
200m	Brandon Nabarro	BWSC	2:29.83	Mar	2012	Biggleswade
Butterfly						
50m	Sam Townsend	CBSS	25.83	Dec	2018	Sheffield
100m	Oliver Maltby	MSC	59.15	Mar	2013	Luton
200m	Sean Downey	LSC	2:11.26	Mar	2004	Biggleswade
Individual Medley						
100m	Walter Hackett	DSC	1:01.91	Nov	2018	Watford
200m	Paul Bavister	LSC	2:07.77	Dec	1992	Southampton
400m	Paul Bavister	LSC	4:32.26	Dec	1992	Southampton

SENIOR SHORT COURSE - MALE

Freestyle						
50m	Brandon Nabarro	PRCSC	23.66	Nov	2018	Luton
100m	Harry Constantine	DSC	50.53	Oct	2017	Sheffield
200m	Brandon Nabarro	MSC	1:54.15	Jan	2015	Biggleswade
400m	Sean Downey	LSC	4:02.15	Mar	2005	Biggleswade
800m	Caleb Hughes	BWSC	8:21.71	Mar	2010	Biggleswade
1500m	Paul Bavister	LSC	15:32.26	Dec	1992	Southampton
Backstroke						
50m	Oliver Maltby	MSC	26.35	Dec	2014	Luton
100m	Oliver Maltby	MSC	56.73	Jul	2015	Hatfield
200m	Peter Webster	MSC	2:05.13	Mar	2014	Luton
Breaststroke						
50m	Lawrence Palmer	PRCSC	26.73	Aug	2017	Berlin
100m	Lawrence Palmer	PRCSC	58.66	Jul	2018	Luton
200m	Lawrence Palmer	PRCSC	2:12.26	Nov	2015	Luton
Butterfly						
50m	Lawrence Palmer	PRCSC	25.11	Nov	2018	Graz. Austria
100m	Matthew Wright	LSC	56.22	Dec	2018	Beacontree Heath
200m	Sean Downey	LSC	2:04.95	Nov	2004	Ealing
Individual Medley						
100m	Brandon Nabarro	PRCSC	56.27	Dec	2018	Sheffield
200m	Brandon Nabarro	PRCSC	2:04.10	Sep	2016	Luton
400m	Paul Bavister	LSC	4:32.26	Dec	1992	Southampton

JUNIOR LONG COURSE - MALE

Freestyle						
50m	Adam Ingledew	MBSS	24.98	Apr	2008	Sheffield
100m	Adam Ingledew	MBSS	53.65	Jul	2008	Sheffield
200m	Paul Bavister	LSC	1:57.16	Aug	1992	Crystal Palace
400m	Paul Bavister	LSC	4:07.68	Aug	1992	Crystal Palace
800m	Caleb Hughes	MBSS	8:32.54	Jul	2010	Sheffield
1500m	Caleb Hughes	MBSS	16:05.04	Jul	2010	Sheffield
Backstroke						
50m	Walter Hackett	DSC	27.79	Jul	2018	Sheffield
100m	Harry Constantine	DSC	1:01.11	Mar	2015	Luton
200m	Caleb Hughes	MBSS	2:12.43	Jul	2010	Sheffield
Breaststroke						
50m	Joshua Bristow	MSC	30.64	Jul	2018	Sheffield
100m	Andrew Loake	MSC	1:10.07	Aug	1981	Leeds
200m	Brandon Nabarro	MBSS	2:31.35	May	2012	Basildon
Butterfly						
50m	Sam Townsend	CBSS	26.21	Jul	2018	Sheffield
100m	Oliver Maltby	MSC	1:00.05	Nov	2012	Luton
200m	Sean Downey	LSC	2:11.69	Aug	2004	Sheffield
Individual Medley						
200m	Caleb Hughes	MBSS	2:12.52	Jul	2010	Sheffield
400m	Caleb Hughes	MBSS	4:40.10	Aug	2010	Sheffield

SENIOR LONG COURSE - MALE

Freestyle						
50m	Harry Constantine	DSC	24.13	Feb	2017	Luton
100m	Harry Constantine	DSC	52.01	Feb	2017	Luton
200m	Harry Constantine	DSC	1:54.96	Feb	2017	Luton
400m	Matthew Wright	LSC	4:06.17	Feb	2018	Luton
800m	Caleb Hughes	MBSS	8:32.54	Jul	2010	Sheffield
1500m	Caleb Hughes	MBSS	16:05.04	Jul	2010	Sheffield
Backstroke						
50m	Peter Webster	MSC	27.28	Aug	2015	Sheffield
100m	Oliver Maltby	MSC	59.25	Aug	2015	Sheffield
200m	Brandon Nabarro	MSC	2:09.70	Mar	2015	Luton
Breaststroke						
50m	Lawrence Palmer	PRCSC	27.31	Apr	2018	Luton
100m	Lawrence Palmer	PRCSC	1:00.96	Jul	2018	Sheffield
200m	Lawrence Palmer	PRCSC	2:17.33	Aug	2015	Sheffield
Butterfly						
50m	Peter Webster	MSC	25.33	Aug	2015	Sheffield
100m	Oliver Maltby	MSC	56.94	Jul	2015	Sheffield
200m	Sean Downey	LSC	2:08.72	Aug	2005	Sheffield
Individual Medley						
200m	Brandon Nabarro	PRCSC	2:06.50	Apr	2017	Sheffield
400m	Caleb Hughes	MBSS	4:40.10	Aug	2010	Sheffield